

Don't Take It So Hard

64 Count, 4 Wall, Improver

Choreographer: Roz Chaplin (UK) Jan 12

Choreographed to: Don't Take It So Hard by Mark
Everett, CD: Guardians Of The Grain (116bpm)

16 Count Intro

1 ROCK, RECOVER, COASTER STEP, ROCK RECOVER, SHUFFLE ½ TURN

- 1-2 Rock forward right, recover onto left
3&4 Step back on right, close left beside right, step forward on right
5-6 Rock forward left, recover onto right
7&8 Shuffle ½ turn left, stepping left, right, left (06.00)

2 SKATE X2, FORWARD SHUFFLE, ROCKING CHAIR

- 1-2 Skate right forward, skate left forward
3&4 Step right forward, close left beside right, step right forward
5-6 Rock forward on left, recover onto right
7-8 Rock back on left, recover onto right

3 ROCK, CROSS SHUFFLE, ROCK, CROSS SHUFFLE

- 1-2 Rock left to left side, recover onto right
3&4 Cross left over right, step right to right side, cross left over right
5-6 Rock right to right side, recover onto left
7&8 Cross right over left, step left to left side, cross right over left

4 LEFT TOGETHER, SHUFFLE FORWARD, SIDE TOUCH X2

- 1-2 Step left to left side, close right beside left (taking weight)
3&4 Step forward left, close right beside left, step forward left
5-6 Step right to right side, touch left beside right
7-8 Step left to left side, touch right beside left

5 MONTEREY ¼ TURN, MONTEREY, ¼ TURN

- 1-2 Point right to right side, ¼ turn right stepping right to right side (09.00)
3-4 Point left to left side, step left beside right
5-6 Point right to right side, ¼ turn right stepping right to right side (12.00)
7-8 Point left to left side, step left beside right (taking weight)

6 WALK FORWARD RIGHT, LEFT, STEP LOCK STEP, STEP ¼, CROSS SHUFFLE

- 1-2 Walk forward right, walk forward left
3&4 Step forward right, lock left behind right, step forward right
5-6 Step forward on left ¼ turn right
7&8 Cross left over right, step right to right side, cross left over right (03.00)

7 ROCK, RECOVER, TRIPLE FULL TURN, CROSS, SIDE, BEHIND, SIDE, CROSS

- 1-2 Rock forward on right, recover onto left
3&4 Triple step full turn right stepping- right, left, right
Easy Option 3&4 : Right Coaster Step
5-6 Cross left over right, step right to right side
7&8 Cross left behind right, step right to right side, cross left over right

8 RIGHT, TOGETHER, SHUFFLE FORWARD, LEFT TOGETHER, SHUFFLE FORWARD

- 1-2 Step right to right side, close left beside right
3&4 Step forward on right, close left beside right, step forward on right
5-6 Step left to left side, close right beside left
7-8 Step forward on left, close right beside left, step forward on left

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