

Proud Mary Burnin'

124 Count, 1 Wall, Int/Adv Pop/Rock

Choreographer: Sobrielo Philip Gene (SG) July 2011

Choreographed to: Proud Mary By Glee Cast

Album: Glee Season 2

Intro: 16 counts - Sequence: Wall 1(80 counts), Tag, Walls 2, 3, 4, Ending

1-8 SIDE SHUFFLE, ROCK BACK RECOVER, KICK BALL CROSSES

- 1&2 Step right to right(1), step left beside right(&), step right to right(2)
3-4 Rock left behind right(3), recover weight to right(4)
5&6 Kick left forward(5), step left beside right(&) cross right over left(6)
7&8 Kick left forward(7), step left beside right(&), cross right over left(8)

9-16 SIDE SHUFFLE, ROCK BACK RECOVER, KICK BALL CROSSES

- 1&2 Step left to left (1), step right beside left(&), step left to left(2)
3-4 Rock right back (3), recover weight onto left(4)
5&6 Kick right forward(5), step right beside left(&), cross left over right(6)
7&8 Kick right forward(7), step right beside left(&), cross left over right(8)

17-24 MONTEREY ½ TURN, POINT STEP, MONTEREY ½ TURN, POINT STEP

- 1-2 Point right to right(1), making ½ turn right step right beside left(2) (6.00)
3-4 Point left to left(3), step left beside right(4)
5-6 Point right to right(5), making ½ turn right step right beside left(6) (12.00)
7-8 Point left to left(7), step left beside right(8)

25-32 ROCK RECOVER WALKS, ROCK RECOVER WALKS

- 1-2 Rock forward right(1), recover weight onto left(2)
3-4 Making ½ turn right step right forward(3), step left forward(4) (6.00)
5-6 Rock forward right(5), recover weight onto left(6)
7-8 Making ½ turn right step right forward(7), step left forward(8) (12.00)

“Big Wheels keep on turning”

33-40 VINE RIGHT TOUCH, ROLLING VINE ¼ TURN LEFT TOUCH

- 1-2 Step right to right(1), step left behind of right(2)
3-4 Step right to right(3), touch left beside right(4)
5-6 Making ¼ left step left forward(5), making ½ turn left step right back(6)
7-8 Making ½ left step left forward(7), touch right beside left (8) (9.00)

41-48 VINE RIGHT TOUCH, ROLLING VINE ¼ TURN LEFT TOUCH

- 1-2 Step right to right(1), step left behind of right(2)
3-4 Step right to right(3), touch left beside right(4)
5-6 Making ¼ left step left forward(5), making ½ turn left step right back(6)
7-8 Making ½ left step left forward(7), touch right beside left (8) (6.00)

“Rolling, rolling, rolling on the river”

49-56 ARM ROLLS (2 x)

- 1-2 Roll arms above head (1,2)
3-4 Roll arms at hip level, leaning slightly forward(3,4)
5-6 Roll arms above head(5,6)
7-8 Roll arms at hip level, leaning slightly forward(7,8)

57-64 ARM ROLL, PIVOT ¼ TURN LEFT, PIVOT ¼ TURN LEFT

- 1-2 Roll arms above head (1,2)
3-4 Roll arms at hip level, leaning slightly forward(3,4)
5-6 Step right forward(5), pivot ¼ turn left(6) (12.00)
7-8 Step right forward(7), pivot ¼ turn left(8)

65-80 Repeat counts 49-64 to end up facing the back wall (6.00)

Instrumental**81-92 SMALL WALKS FORWARD KICK, WALK BACK TOUCH**

- 1-7 Walk forward R,L,R,L,R,L,R
8 Kick left forward

Hands option: slowly bring hands up into a Y shape on respective sides (palms facing front), hands come down on 8

- 1-4 Walk back L,R,L(1-3), touch right beside left(4)
*Note the 4 counts (not 8)
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93-100 SMALL JUMPS FORWARD, BACK, ¼ TURN SMALL JUMPS FORWARD, BACK

- &1-2 Step right slightly forward to right(&), step left slightly forward to left(1), Hold(2)
&3-4 Step right slightly back(&), step left beside right(3), Hold(4)
&5-6 Making ¼ left step right slightly forward to right(&), step left slightly forward to left(5), Hold(6)(3.00)
&7-8 Step right slightly back(&), step left beside right(7), Hold(8)

101-108 ¼ TURN SMALL JUMPS FORWARD, BACK, TWISTS

- &1-2 Making ¼ left step right slightly forward to right(&), step left slightly forward to left(1), Hold(2) (12.00)
&3-4 Step right slightly back(&), step left beside right(3), Hold(4)
5-8 Twist heels to right(5), twist heels to left (6), twist heels to right(7), twist heels back to centre(8)

109-116 DIAGONAL WALKS FORWARD KICK, DIAGONAL WALKS WALK TOUCH

- 1-3 Walk forward diagonally right stepping R,L,R(1-3) (1.30)
4 Kick left forward(4)
5-7 Walk back diagonally left stepping L,R,L (5-7), square up to 12.00 on count 7 (12.00)
8 Touch right beside left(8)

117-124 DIAGONAL WALKS FORWARD KICK, DIAGONAL WALKS WALK TOUCH

- 1-3 Walk forward diagonally left stepping R,L,R(1-3) (10.30)
4 Kick left forward(4)
5-7 Walk back diagonally right stepping L,R,L (5-7), square up to 12.00 on count 7 (12.00)
8 Touch right beside left(8)

WALL 1: Music is slow - do the dance until count 80 (Arm Rolls). This will bring you to the back wall (6.00)

TAG: Cross right over left(1), unwind ½ turn left(2-4)(12.00).
Bounce right heel for 8 counts, bounce left heel for 8 counts,
bounce right heel for 8 counts, bounce left heel for 8 counts.
Start dance again.

ENDING: After wall 4 of dance, do counts 49-80 (Arm Rolls -32 counts),
followed by counts 93-108 (Jumps – 16 counts).
Then cross right over left slowly unwind ½ turn left to face the front wall....