

Tell Me

64 count, 3 wall, intermediate/advanced level
Choreographer: Niels B. Poulsen (DK) March 2007
Choreographed to: Tell Me by P. Diddy feat. Christina Aguilera (100 bpm)

Intro: 32 counts from first beat (31 secs. into music). Start after P. Diddy has rapped 'yeah, yeah, yeah'

1 - 8 Walk fw R L, R kick ball side step, Shoulder pushes, Sailor 1/4 turn L

1 - 2 Walk forward R, walk fw L

Alternative and harder steps: walk fw R (1), scoot fw on R hitching L knee (&), step fw L (2) 12:00

3 & 4 Kick R fw, step R next to L, step L to L side pushing shoulders to L side (weight L)

5 & 6 Push shoulders R L R hitching L knee on the last R side shoulder push (weight R)

7 & 8 Cross L behind R, turn 1/4 L stepping R to R side, step fw L 09:00

9 - 16 Bouncy one-legged triple 1/2 turn L, R chassé jump kick, L sailor step, Knee pops, Touch

1 & 2 Turn 1/4 L on L foot slightly bending L knee and hitching R knee, straighten your L leg and lower R knee slightly, turn 1/4 L on L foot slightly bending L knee and hitching R knee 03:00

3 & 4 Step R to R side, step L next to R, jump to R side on R foot kicking L to L side

5 & 6 Cross L behind R, step R to R side, step L to L side

&7 &8 & Pop R knee towards L rotating L upper body fw and R back, step onto R returning upper body and R knee to neutral, pop L knee towards R rotating R upper body fw and L back, step onto L returning upper body and L knee to neutral, touch R next to L

17 - 24 Tap tap jump, R coaster step, & Touch hitch down, & Touch hitch down

1 & 2 Tap R slightly to R side, tap R slightly further out, push off L foot jumping out to R side landing on both feet but weight on L!

3 & 4 Step back on R, step L next to R, step fw on R

& 5 & 6 Hitch L knee, touch L fw, hitch L knee, step fw on L

& 7 & 8 Hitch R knee, touch R fw, hitch R knee, step fw on R

25 - 32 L rocking chair with 1/4 turn L, Cross points, & Cross, Turn 1/4 R X 2, & Point L

1 & 2 & Rock fw on L, recover back on R, rock back on L, recover on R

3 & 4 Rock fw on L, recover back on R, turn 1/4 L stepping L to L side 12:00

& 5 & 6 Cross point R over L, step R to R side, cross point L over R, step L to L side

& 7 & 8 Cross R over L, turn 1/4 R stepping back on L, turn 1/4 R stepping R to R side, point L to L side slightly bending R knee (thus lowering your body towards floor) 06:00

TAG & RESTART* On 3rd wall there is a micro tag + restart here:

add an & count stepping L next to R and restart the dance (facing 12 o'clock)

33 - 40 Squat down and lean to L, R chassé with L hitch, L and R Sailor steps, Touch back

1 - 2 Lower body to centre and squat down on L placing both hands on thighs, take hands off thighs raising body and lean towards L cross hitching R over L

3 & 4 Step R to R side, step L next to R, step R to R side hitching L knee

5 & 6 Cross L behind R, step R to R side, step L to L side

&7&8 Cross R behind L, step L to L side, step R to R side, touch L back

41 - 48 Swivel 1/2 turn L with L hitch, L coaster step, Kick & rock &, Cross tap tap

1 & 2 Swivel both heels 1/4 R turning 1/4 turn over your L shoulder, swivel heels slightly to L side turning 1/8 R, swivel heels 3/8 R turning 3/8 turn L (as you turn 3/8 L you hitch your L knee) Weight is on R foot throughout the swivels 12:00

3 & 4 Step back on L, step R next to L, step forward on L

5 & 6 & Kick R fw, step R next to L, rock L to L side, recover weight to R

7 & 8 Cross L over R, tap R slightly to R side, tap R slightly further out (weight on R)

49 - 56 L lean, Push with 1/4 L heel, L coaster, 4 funky diagonal jumps fw, R rocking chair

1 - 2 Lean L, push off L foot turning 1/4 L recovering on R dragging L heel towards you 09:00

3 & 4 Step back on L, step R next to L, step fw on L

5&6& Jump diagonally fw R on both feet, jump diagonally fw L on both feet, jump diagonally fw R on both feet, jump diagonally fw L on both feet (weight now on L).

Styling: both arms over shoulder level throughout the jumping

(Alternative steps: Walk fw R (5), walk fw L (6)) 09:00

7 & 8 & Rock fw on R, recover back to L, rock back on R, recover weight on L

57 - 64 Step 1/2 turn L, 1/4 L turn chassé (sweep kick), Sailor 1/2 L, Mambo 1/4 R &

1 - 2 Step fw R, turn 1/2 turn L (weight L) 03:00

3 & 4 Turn 1/4 L stepping R to R side, step L next to R, as you step R to R side sweep kick L out starting to turn over your L shoulder 12:00

5 & 6 Cross L behind R turning 1/2 L, step R to R side, step L fw 06:00

7 & 8 & Rock R fw, recover back to L, turn 1/4 turn R stepping R to R side, step L next to R (weight L) 09:00

Tag + Restart: On 3rd wall after 32 counts: add an & count stepping L next to R - RESTART
(facing 12:00)

Ending: On count 64 of wall 6 you don't turn 1/4 R to face 3 o'clock.
Just do a syncopated rocking chair on counts 63&64& to end facing 12 o'clock.
Then, on count 1 you step fw on R coming to a stop, but leaning your upper body forward in 5 small
robotic movements to match the beat of the fading music!!! Be creative...

BEGIN AGAIN! And.. GO FUNKY!!!

Music download available from itunes

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